



CareLinkGC provide information on

- Domestic & Family Violence.
- Mental Health Support.
- Drug & Alcohol Treatment.
- Support for Family & Friends.
- Information to take care of your mental health.
- Accommodation, Food & Finance support.

Who We Are

CareLinkGC is a free service that helps you find the relevant information about support services on the Gold Coast easily, in one place and in a way that is simple to understand.

CareLinkGC is committed to making finding help effortless at a time when you need it most. Taking away any uncertainty the person may have. Giving them the strength to make the connection to help them connect with the help they need to get their lives back on track. It only takes one person who cares to change someone's life.



Contact us
ask@carelinkgc.com.au

CareLinkGC

Gold Coast Support
Services Guide



CareLinkGC is a free and comprehensive website with over 100 support services listed that is easy to understand and outlines how to access the service for support.

www.carelinkgc.com.au



Mental Health Support Numbers

- Lifeline 13 11 14
- Mental Health Access Line 1300 642 255
- Beyond Blue 1300 22 4636
- MindSpot support for stress, worry, anxiety, low mood & depression. 1800 61 44 34
- SANE Australia support, enabling those with a mental illness to lead a better life. 1800 18 7263
- Suicide Call Back Service support if you or someone you know is feeling suicidal. Call 1300 659 467.

Domestic & Family Violence Support Numbers

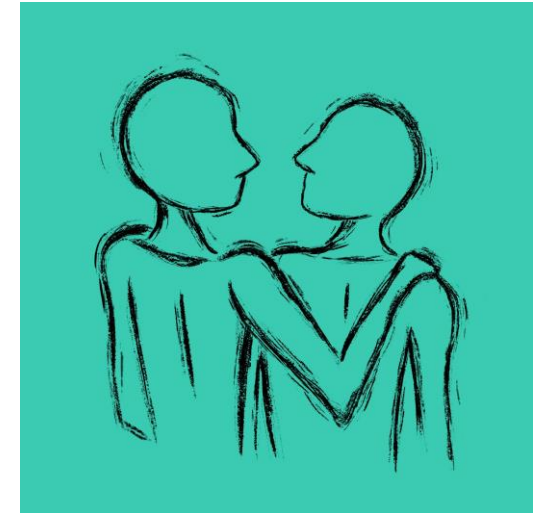
DV Connect 1800 811 811

Domestic Violence Prevention Centre 07 5532 9000

The SARA program 0405 065 544

Gold Coast Centre Against Sexual Violence 07 55911164

1800RESPECT 1800 737 732
24-hour national sexual assault, family and domestic violence counselling line.



Other Support Numbers

- Alcohol and Drug Information Service 1300 177 833
- MensLine 1300 789 978
- Kids Helpline 1800 551 800
- Queensland Statewide Sexual Assault Helpline 1800 010 120
- Mensline Australia 1300 789 978
Supports men and boys who are dealing with family and relationship difficulties.
- Beyond Blue 1300 22 4636